



Thank you for agreeing to complete this health survey as part of a collaboration between the Council of Islamic Organizations of Greater Chicago (CIOGC) and the Initiative on Islam and Medicine at the University of Chicago.

We are studying how Islamic beliefs and attitudes influence breast cancer screening practices

Completing this survey should take about 20 minutes. Participation is voluntary. The survey is confidential; please do NOT put your name on the survey.

Only study researchers will have access to the information in this survey. All of your answers will be kept confidential. Any reports will consist of group data only.

Your answers to these questions are very important to us and to our efforts to work to improve the healthcare of American Muslims. We thank you for your participation in our study. As a token of our appreciation, please keep the enclosed \$20.00.

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Please respond to the following questions about your healthcare.

Please mark one response:

1) Have you ever been diagnosed with breast cancer?

Yes No

2) Do you know anyone who has breast cancer or who has had breast cancer?

Yes No

How is that person related to you: _____

3) Do you have a primary care physician who you can see for your health problems?

Yes No

3a.) Has this doctor recommended that you get a mammogram?

Yes No

4) Have you ever had a clinical breast exam (a breast exam performed by a healthcare practitioner to check for lumps)?

Yes No

5) Have you ever had a mammogram (an x-ray of the breast performed by a healthcare practitioner to check for lumps)?

Yes No

5a.) Was the mammogram performed within the last two years?

Yes No

6) Have you ever had a Pap smear (a test performed by a healthcare practitioner in which cells from the cervix are examined)?

Yes No

What do you think? (Please mark one response.)

7) Most breast lumps are found by:

- Women themselves Physicians Mammograms I do not know.

8) At what age do guidelines recommend women start getting mammograms?

- 30 40 50 I do not know.

9) Mammograms, if recommended, should be performed every:

- 6 months
 1 year
 2 years
 3-4 years
 5 years or more

Please continue to the next page.

How common is it for you to experience the following in hospitals or clinics?

Please mark one response.

	Never	Rarely	Sometimes	Most of the time	Always
10) You are treated with less courtesy than non-Muslims.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
11) You are treated with less respect than non-Muslims.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
12) You receive poorer service than non-Muslims.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
13) A doctor or nurse acts as if he or she thinks you are not smart.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
14) A doctor or nurse acts as if he or she is afraid of you.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
15) A doctor or nurse acts as if he or she is better than you.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅
16) You feel like a doctor or nurse is not listening to what you are saying.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅

Please continue to the next page.

Please indicate whether you agree or disagree with the following statements.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
17) When I am in a mixed gender gathering or outside of the home, I cover my entire body, except my hands and face.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
18) When I have guests at my home, men and women sit separately.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
19) An unmarried man and unmarried woman should not be alone together.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
20) I always look for a female doctor for myself.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
21) I have delayed seeking medical care when no woman doctor is available to see me.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
22) Hospital gowns are not modest.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
23) My clothing demonstrates a commitment to Islamic modesty.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
24) Maintaining Islamic modesty is important to me.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

ISLAMIC RELIGIOSITY

Circle the number that best describes you.

25) In general, how religious do you consider yourself?

0	1	2	3	4	5	6	7	8	9	10
Not Religious At All					Somewhat Religious					Very Religious

26) How would you describe your religious affiliation within Islam?

Sunni Shi'ite I prefer not to say Other: _____

Please continue to the next page.

Please indicate whether you agree or disagree with the following statements about Islam and health.

When facing a health problem:

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
27) I remember that Allah commanded me to be patient.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
28) I believe that I am being punished by Allah for bad actions I did.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
29) I try hard to carry my religious beliefs over into all my other dealings in life.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
30) I do what I can and put the rest in Allah's hands.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
31) I wonder what I did for Allah to punish me.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
32) If a person has enough faith, healing will occur without doctors having to do anything.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
33) I do not worry about my health because it is in Allah's hands.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
34) If I become ill, Allah has intended that to happen.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
35) Whatever illnesses I will have, Allah has already planned them.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
36) I feel punished by Allah for my lack of devotion.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

Please tell us more about yourself.

- 37) How old are you? _____
- 38) Which of these best describes your racial / ethnic background?
 African American / Black Arab / Arab American
 European / White South Asian
 Other. Please specify. _____
- 39) What is your country of origin?
 United States
 Other. Please specify. _____
- 40) How long have you lived in the United States?
 Less than 5 years 6 – 10 years 11 – 15 years
 16 – 20 years More than 20 years
- 41) What is your marital status?
 Married Widowed Divorced/Separated Never Married
- 42) What is the highest level of education you have completed?
 Less than high school
 High school diploma / GED
 Associates / 2-year degree or equivalent
 Bachelor's level or equivalent
 Advanced degree (post-baccalaureate, Masters, Doctorate)
- 43) What is your yearly household income?
 less than \$15,000
 \$15,001 - \$30,000
 \$30,001 - \$45,000
 \$45,001 - \$60,000
 \$60,001 - \$75,000
 \$75,001 - \$90,000
 \$90,001 - \$105,000
 \$105,001 - \$120,000
 \$120,001 - \$135,000
 \$135,001 - \$150,000
 \$150,001 - \$165,000
 more than \$165,000
- 44) How many people live in your household? _____
- 45) Do you have health insurance?
 Yes 45a) What type of health insurance do you have?
 No Private (Blue Cross & Blue Shield, Humana, etc.)
 Public (Medicaid, Medicare, etc.)
 None

When faced with illness or a health problem, how commonly do you do the following?

	Never	Rarely	Sometimes	Often
46) Use Prophetic Medicine (<i>tibb-nabawi</i>) (medicines in <i>Hadith</i> , i.e. honey, black seed, cupping)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
47) Ask an Imam to make <i>dua</i> (supplication)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
48) Consult practitioners of traditional methods of Islamic healing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
49) Consult practitioners of alternative (non-Islamic) healing methods (i.e. <i>naturopathic</i> or <i>homeopathic</i> doctors)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
50) Give extra charity (<i>sadaqah</i>)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
51) Perform extra fasts	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
52) Perform extra prayer (<i>salat/namaz</i>)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
53) Make extra <i>dua</i> (supplication)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
54) Make extra <i>zikr/dhikr/tasbeeh</i>	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
55) Read extra amounts of Quran	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

Please indicate whether you agree or disagree with the following statements about breast cancer.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
56) If someone is meant to have breast cancer, it does not matter what kinds of food they eat, they will get breast cancer anyway.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
57) If someone has breast cancer, and gets treatment for it, they will probably die from breast cancer.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
58) If someone gets breast cancer, it was meant to be.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
59) If someone gets breast cancer, it does not matter when it is found; they will die from breast cancer.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
60) Some people do not want to know if they have breast cancer because they do not want to know they may be dying from it.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
61) Getting checked for breast cancer makes people scared that they may really have it.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
62) If someone has breast cancer, it is already too late to get treated for it.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

Please continue to the next page.

When facing a health problem:

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
63) I look for a stronger connection with Allah.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
64) I consider it a test from Allah to deepen my belief.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
65) I seek Allah's love and care.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
66) I read the Holy Qur'an to find consolation.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
67) I ask for Allah's forgiveness.	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

THANK YOU FOR YOUR RESPONSES AND TIME