



Thank you for agreeing to complete this anonymous health survey as a part of our study entitled: *American Muslim Cultural Challenges with U.S. Healthcare*

Completing this survey should take about 10-15 minutes. Participation is completely voluntary. Since the survey is anonymous, please do NOT put your name on the survey.

Only study researchers will have access to the information in this survey. All of your answers will be kept anonymous. Any reports will consist of group data only.

Your answers to these questions are very important to us and to our efforts to work to improve the healthcare you receive. We thank you for your participation in our study.

Sincerely,
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SECTION A-

The following questions ask for your views about health. Please answer each of the following questions by circling the answer. If you are unsure about how to answer a question, please give the best answer you can.

Q1) It is important to me that my doctor is:

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
a. Of the same gender as me	1	2	3	4
b. Of the same religion as me	1	2	3	4
c. From the same ethnic group as me (Arab, South Asian, African American)	1	2	3	4

Q2) How often have you **delayed** seeing a doctor for an illness because the doctor was:

	Never	Rarely	Sometimes	Often
a. Of the opposite gender as you	1	2	3	4
b. Of a different religion than you	1	2	3	4
c. From a different ethnic group (Arab, South Asian, African American) than you	1	2	3	4

Q3) If you have to stay in the hospital for a medical reason, how important is it for you to have the following supplied for you by the hospital?

	Not At All Important	Slightly Important	Moderately Important	Very Important	Extremely Important
❖ Halal Food	1	2	3	4	5
❖ Muslim Chaplain or an Imam on staff	1	2	3	4	5
❖ Prayer direction (qibla) marked in the room)	1	2	3	4	5
❖ Prayer rugs available for use	1	2	3	4	5
❖ Qur'ans available for use	1	2	3	4	5
❖ An established Friday (jummah) prayer held in the hospital	1	2	3	4	5
❖ Patient gowns that cover your body more completely i.e. Cover the aura	1	2	3	4	5

Q4) What is your level of agreement with the following statements?

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
a. I trust the American Health Care System	1	2	3	4

b. I trust American Doctors	1	2	3	4
c. I trust American nurses	1	2	3	4
d. I trust American Health Insurance companies	1	2	3	4
e. I trust American pharmacists	1	2	3	4

Q5) When you are concerned about your health, how often do you do the following?

	Never	Rarely	Sometimes	Often
❖ Use Prophetic Medicine (mentioned in Hadith- <i>Tib an-nabawi</i> <i>i.e. honey, black seed oil</i>)	1	2	3	4
❖ Ask an Imam to make dua (supplication) for you	1	2	3	4
❖ Consult traditional/alternative healers (hakims or naturopathic doctors)	1	2	3	4
❖ Use alternative /cultural / traditional treatments (Example: anise (<i>yansoon</i>) for colicky baby, using Turmeric (<i>haldi</i>) as an anti-septic)	1	2	3	4
❖ Give extra charity (<i>sadaqah</i>)	1	2	3	4
❖ Make extra prayers (<i>salat</i>)	1	2	3	4
❖ Make extra dua (supplication)	1	2	3	4
❖ Read more Quran	1	2	3	4
❖ Make extra <i>thikr</i>	1	2	3	4

Q6) It is justifiable to donate my organs after I die.

Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
1	2	3	4

Q7) There should be a Muslim Hospital in the United States.

Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
1	2	3	4

SECTION B- Current Health Status:

Q8) Have you ever been diagnosed or treated for any of the following health problems?

	Yes	No	Don't know
a. Cancer	1	2	3
b. Lung Disease (such as chronic bronchitis, or emphysema, or chronic asthma, or chronic wheezing, or regular use of inhalers)	1	2	3
c. Heart Disease (such as a heart attack, or coronary heart disease, or chest pain due to your heart, or arrhythmia)	1	2	3
d. High Blood Pressure	1	2	3
e. Stroke	1	2	3
f. Psychiatric Problems (such as Depression, or Manic-Depression, or Anxiety Attacks, or Schizophrenia)	1	2	3
g. Diabetes	1	2	3
h. Arthritis/ Orthopedic	1	2	3
i. Other (please specify) _____ _____	1	2	3

Q9) How would you describe your overall state of health these days?

1	2	3	4	5
Poor	Fair	Good	Very Good	Excellent

SECTION C-

Please circle the answer that best indicates your reaction to each of the following statements.

These questions ask about Islam.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
Q10. Islam is the major reason why I am a humble person	1	2	3	4
Q11. Islam is the major reason why I honor my parents	1	2	3	4
Q12. Islam is the major reason why I help my relatives and neighbors	1	2	3	4
Q13. Islam is the major reason why I help the needy and the orphans	1	2	3	4
Q14. Islam is the major reason why I am a tolerant person	1	2	3	4
Q15. Islam is the major reason why I do not to eat pork	1	2	3	4
Q16. Islam is the major reason why I do not to drink alcohol	1	2	3	4
Q17. Islam is the major reason why I do not have sex before marriage or outside marriage	1	2	3	4
Q18. Islam is the major reason why	1	2	3	4

I do not consider committing suicide				
Q19. Islam is the major reason why I do not engage in gossip	1	2	3	4
Q20. I consider every Muslim in the world as my brother or sister	1	2	3	4
Q21. I identify with the suffering of every Muslim in the world	1	2	3	4
Q22. One of my major sources of pride is being a Muslim	1	2	3	4
Q23. I believe that brotherhood and sisterhood is one the basic tenets of Islam	1	2	3	4

Please tell us about some of your religious activities.

	Never	A few times in my life	A few times a year	A few times a month	About once or twice a week	Once a day or more
Q24. Except in prayers, how often do you read or listen to the Holy Qura'n?	0	1	2	3	4	5
Q25. Except in prayers, how often do you engage in d'iker or tasbih?	0	1	2	3	4	5

Questions 26 to 32.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
Q26. When I face a problem in life, I look for a stronger connection with Allah	1	2	3	4
Q27. When I face a problem in life, I consider that a test from Allah to deepen my belief	1	2	3	4
Q28. When I face a problem in life, I seek Allah's love and care	1	2	3	4
Q29. When I face a problem in life, I read the Holy Qura'n to find consolation	1	2	3	4
Q30. When I face a problem in life, I ask for Allah's forgiveness	1	2	3	4
Q31. When I face a problem in life, I remind myself that Allah commanded me to be patient	1	2	3	4
Q32. When I face a problem in life, I do what I can and put the	1	2	3	4

rest in Allah's hands				
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Questions 33 to 37.

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
Q33. I pray because I enjoy it	1	2	3	4
Q34. I pray because I find it satisfying	1	2	3	4
Q35. I read the Holy Qura'n because I feel that Allah is talking to me when I do that	1	2	3	4
Q36. I read the Holy Qura'n because I find it satisfying	1	2	3	4
Q37. I fast in Ramadan because when I fast I feel close to Allah	1	2	3	4

Please indicate your level of agreement with the following:

	Completely Disagree	Somewhat Disagree	Somewhat Agree	Completely Agree
Q38. When I face a problem in life, I believe that I am being punished by Allah for bad actions I did	1	2	3	4
Q39. I face a problem in life, I wonder what I did for Allah to punish me	1	2	3	4
Q40. When I face a problem in life, I feel punished by Allah for my lack of devotion	1	2	3	4

SECTION D-

Estimate your religiosity in general (and not at a present state). 0 is the minimum and 10 is maximum score denoting higher religiosity. Circle the number that best describes your experience.

Q41) What is your level of religiosity in general?

0	1	2	3	4	5	6	7	8	9	10
<i>Low</i>										<i>High</i>
<i>Religiosity</i>										<i>Religiosity</i>

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